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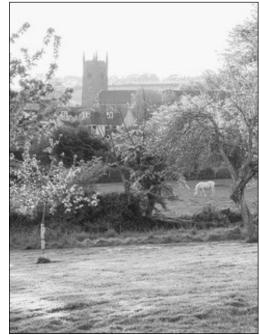
Items for inclusion in the June 2025 issue of the Parish News should be sent to: Janet Aylmore at j23aylmore@gmail.com

by Wednesday, May 21st 2025

Items for the Parish website should be sent to Mrs Clarke at idefordclerk@hotmail.co.uk



May 2025



Thanks to Jill Vicary for this month's cover photo.

IDEFORD with LUTON, ASHCOMBE, OLCHARD, HESTOW, IDEFORD COMBE AND HIGHER SANDYGATE



Cost £12

07714 253992

More info at:

HALDON T						
Priest in Charge		Rev'd Carol Green				01626 775303
		revcarolgre	en@	ygmail.com		Rest Day: Wednesday
Team Vicar		Rev'd Dave				07867 309387
		revdavewilk	kie@	haldonteam.c	org.uk	Rest Day: Friday
	PARISH DIRECTORY					
Church War						
Ashcombe Ideford		on Vacant on Vacant				
Luton			7542	Mr.	l Reddawa	ay 775218
PCC Secreta		t voogine i i	012		, rioudane	xy 110210
Ideford		Horseman		idefordpccsec(@gmail.co	m
Luton	Angie	Carter-Wood	wark		-	
Ashcombe	Elean	or Rayner		ninirayner@ya	hoo.co.uk	
Devon Cour				Cllr. Ron Peart	I	362260
Teignbridge	Distrie	ct Councillors	5	Cllr. K. Gearon	-	
Ideford Paris	sh Cou	uncil		Cllr. Ron Peart		362260
	Cllr T	-		07703 647880	tomhilli	idefordpc@gmail.com
Clerk	Mrs C	larke		07886 004919	ideford	clerk@hotmail.co.uk
Ideford Villa	ge Hal	I				
Chairman				Position Vacar		
Booking Cle	•			859599	idefordha	allbookings@yahoo.com
Ideford Mille Chairman	ennium	Green		Jane Hill		07871 103235
Booking Cle	rk			Jane Hill		07871 103235
-					_	
		up Secretary		Kath Mortimore		853394 852259
Ideford Bell	U	s Bowling Club		David Aylmore Jill McCord		859544
Parish News		0		Janet Aylmore		852259
Parish Foot				Suzanne Hill		07443 519085
				e-mail: suzann	evhill@icle	
Parish Wildl	ife Wa	rdens		Dominic Morby	,	
				e-mail: dominio	c.morby@	gmail.com
				Robin Aaronso		854397
Bishopsteignton Preschool & Schoo			e-mail: grandvizier51@gmail.com		mail.com 01626 775873	
			e-mail: admin@bishopschool.co.uk			
CAD Comm	unitv V	Vorker		Bob Bigland		203050
	-		unce	e@devonandco	rnwall.pnn	
				0392 Ben Cha		07710076780
5			-	e-mail: 10392@		e.uk

A message from our Team Vicar

The theme the Church of England ran with over Easter was 'Living Hope'. It was a challenge which asked; where is our hope found and how are we living as a people of hope even when we feel battered by the world around us? This Easter we invited over 180 children to write down their hopes and dreams for themselves and the world around them. It was an incredible privilege to listen to the answers. They ranged from the immediate hope of having pizza for lunch to a moving cry of hope for a lost one to return. If Jesus was to ask you what you hope for, what would you respond with?



The church is commonly referred to as the 'Body of Christ' in the New Testament (Col 1:24), and this is a consistent challenge to us to ask, are we like Jesus? Jesus was full of hope for us and the world and the knowledge that death was not the end. When things looked hopeless to everyone else, Jesus knew that his sacrifice would bring about an earth-shattering change. Are we this hope-filled?

As part of the body of Christ for this village, it can be tricky to measure something when you are standing within it. This is why shops employ mystery shoppers to get honest feedback about whether they are functioning as they should. I'd love to know what you see of a hopeful Jesus in Christians you know.

Several years ago, at the age of 81, Eugene Peterson, a brilliant Christian author and minister was asked what advice he would give people looking to grow in their Christian faith. He responded:

"Go to the nearest smallest church and commit yourself to being there for six months. If it doesn't work out, find somewhere else. But don't look for programs, don't look for entertainment, and don't look for a great preacher. A Christian congregation is not a glamorous place, not a romantic place... the smallest church; the closest church; and commit to staying there 6 months."

Peterson lived his advice. He was a part of a small community church, despite his worldwide fame. He would often speak of the beauty and opportunities found within such an "insignificant" and imperfect place. Your local church is under no illusion that it is perfect but my hope and prayer is that if you did come and visit you may find hope again for this world we live in.

Rev'd Dave Wilkie (Team Vicar)

May Services				
Sunday May 4th	3rd Sunday of Easter			
6.30pm	Evening Worship	Ideford		
Sunday May 11th	4th Sunday of Easter			
6.30pm	Evening Worship	Luton		
Sunday May 18th	5th Sunday of Easter			
11.00am	Holy Communion	Ideford		
For other services in the team please see the team website: www.haldonteam.org.uk				
Details of services at Ashcombe will be found on the Ashcombe Facebook page.				

Dates for your diary - regular events

IDEFORD PARISH COUNCIL

The next Parish Council Meeting, **Thursday 8th May 2025 at 7.00pm** in Ideford Village Hall. All parishioners are welcome.

BISHOPSTEIGNTON PARISH COUNCIL

Meetings are held at the Community Centre, Shute Hill, at 7.30pm. **Tuesday May 6th** Annual Meeting followed by Full Council Meeting.

IDEFORD SHORT MAT BOWLS

Small friendly group meeting every Tuesday in the village hall from 7pm till 9pm with a break for tea.

We encourage new members of any age, from 11 years upwards, to join us, no experience necessary, just turn up and 'have a go'.

It is hoped to run a "taster" session in the summer - watch this space!

IDEFORD SOCIAL CLUB Monthly meetings - please contact Kath Mortimore for details - 853394.

CHURCH CLEAN AT ST. MARY'S

Wednesday May 7th 10am - 12noon.

Refreshments provided, come when you can, leave when you must. All equipment will be provided.

BELL RINGING PRACTICE

Practices are normally in Ideford Church on Thursday evenings from 7.30pm until 9.00pm. Why not come along and have a chat over coffee and biscuits - we're a friendly bunch and would love to meet you. Please contact David Aylmore (852259) or Martin Sampson (853391) for more information.

GENERAL INFORMATION

Ideford Church Key Rota

May - Liz Lucas (Rook Hayes)

Luton Church Flower Rota May - Lyn Ware

Ideford Church Flower Rota May 4th - Angie Carter-Woodwark

May 18th -Kath Mortimore

Chudleigh Library - opening timesMonday10am - 1pmWednesday10am - 1pmFriday2pm - 5pm

Tuesday 3pm - 6pm Thursday closed Saturday 10am-1pm

Tel: 01626 852469 E-mail: chudleigh.library@librariesunlimited.org.uk

Stay and Play at Chudleigh Library. Every Wednesday, 10.30 - 12.30. Suitable for children age 0 - 5 and their carers.

Lego Club at Chudleigh Library. Saturdays, 10.30 - 12.30. Suitable for all ages. Children must be accompanied by an adult.

Both events are free of charge and no booking is required.

Websites and Sat. Nav.

Haldon Team Website		www.haldonteam.org.uk			
Ideford Parish Website		www.ideford-parish.co.uk			
Church post codes for Sat Nav:		Nav:	St Mary's, Ideford	TQ13 0BA	
St John's, Luton	TQ13 0BN	N	St Nectan's, Ashcombe	EX7 0QD	

Useful Contact Numbers

Report a problem on roads inc. potholes, overgrown hedgerows etc: https://www.devon.gov.uk/roadsandtransport/report-a-problem

Report Power Cuts or damaged Electricity Power Lines & Substations :105					
Teignbridge District Council Emergency Line (out of hours) 01395 516854					
Samaritans	116123	Age UK Devon	0333 241 2340		
Environment Hotline	0800 328 6402	C.A.B.	03444 111444		
NHS non-emergency	111	Crimestoppers	0800 555111		
General Police enquiri	es 101	EMERGENCY 9	99		



A defibrillator is located in the porch of Ideford Village Hall, Church Road, TQ13 0BA

In the unfortunate event that you need to use the defibrillator please **dial 999** and the emergency services will give you an access code to unlock the yellow cabinet, and will talk you through what to do.

162/25 cont.	 162.4Policy reviews and updates: Standing orders, and the data protection/FOI (freedom of information were discussed and the clerk will check and update the amendments suggested and put the final versions before the council in the next meeting, which will allow councillors to go through the policies in the interim. Mention was made about the need for councillors to use the parish council email address, as FOI requests will result in a possible inspection of councillors private devices. The chair explained we had a request for information that was in the public domain and this has dealt with the second part of the request has been referred to TDC. 162.5 Updates from previous meetings: snow/gritter Bishopsteignton are in agreement to allow us access and use of the parish gritter, as long as we comply with some basic matters, i.e. We have a named volunteer snow warden who will wears the required PPE, and works alongside our own volunteer to achieve the gritted route, as required. Mr. Coombs will be our snow warden with training to be carried out later. The maintenance of their machine does not concern us as we have our own gritter, its mainly man power. Cllr. Gardner will catch up with Will Voight, to keep him updated. The request for a grant for the parish newsletter is no longer required as it was anticipated that costs would increase, however, this has not been the case. 	
163/25	 PLANNING: 163.1 No new planning applications. 163.2 Planning Decisions noted: 24/01735/HOU Homefield, Ideford. 163.3 Planning Appeal: 24/00064/REF Little Haven, Higher Sandygate. Appeal against the refusal of planning application 20/01018/FUL and Little Haven Higher Sandygate: Appeal against the Enforcement Notice The council discussed and noted the cases above Cllr C Hill had read the appeal indicating it is well presented and put together. As the council have previously commented on the original applications there is nothing further to add. 	
164/25	164/25 CONCERNS RAISED BY PARISHIONERS TO COUNCILLORS - initially covered in roads 160 and 162.1. A report from Rob Gillett indicated that people have been using quad bikes and trial bikes on the common, he would like to see signs in the car park where this might be more useful. A brief discussion was held on this	
165/25	CLERK'S REPORT AND FINANCE: A Balance of accounts and the monthly bank reconciliation for February 2025 were approved, the current account has £14,222.58. Approval for the following payments made since the last meeting and payments due namely: CPRE and Scribe accounts which are direct debits. Hall invoices, Clerks invoice. The vat reclaim figure was mentioned. An administrative update was provided by the clerk, and mention was made by Cllr. Carter-Woodwark about updating the website with the current details of the councillors. The clerk proposed a refund of £450.00 to the cilca grant/educational trust, the council approved this. The clerk has requested the notice period from the current host providers of the website then transfer the domain name across to the council for ownership. On the budget a few items were brought to the clerks attention. 166/25	
166/25 167/25	DATE OF NEXT MEETING - Thursday 10th April 2025. The Chair closed the meeting at 20.10pm	



Friday May 30th Friday June 27th

Ideford Village Hall

11am - 1pm

Everyone welcome to come along for tea/coffee & cake and/or a light lunch

Meet up with friends and neighbours at your dog friendly, Community Café

Voluntary donation only (all proceeds after expenses are donated to HITS)

Please contact Janet (01626 852259) or Vanessa (07713 566377) with any offers of help.

Our PCSO, Saul Bunce, attends most months and is available to chat with parishioners about any queries they may have.

Saturday 3rd May 10am - 3pm

Raising money for Motor Neurone Disease

We will be holding our charity plant sale on Saturday 3rd May outside our house (Ty Gwyn, Fore Street, Ideford) between 10am and 3pm. A variety of perennials and annuals will be available for a donation as well as a selection of seeds and vegetables

If anyone wishes to donate seedlings or plants to our sale we would be very grateful and these can be left outside our back door at any time during the preceding week or on the day itself.

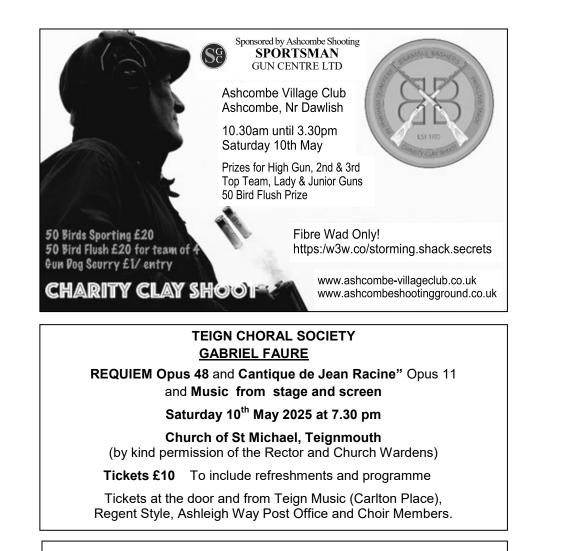
We hope that you are able to come along to support this event.



Pete and Sonya



Unfortunately, the Vintage Fayre due to be held on Saturday August 9th has had to be cancelled.



Millennium Green AGM

14th May 7.30, on the Green, all welcome.

We are looking for new members, a new treasurer and trustees.

To find out what is involved, come along to the meeting on the 14th or contact Jane Hill on 07871 103235. We are very lucky to have this space in the centre of our village, freely available for all of us to enjoy. It relies on volunteers to keep it going, so please come along and offer a little of your time if you can - don't just assume that someone else will do it - 'many hands make light work'!

161/25 Return rates averaging +87% in European countries. This is a scheme that used to operate in the UK some decades ago. An estimated 6.5 billion tonnes currently go to the landfill or are incinerated every day. Meaning a large amount of plastic, aluminium or steel is used once and then buried or burnt. This change is welcomed

161.2 District Councillor Gearon

The Government are recommending new unitary authorities through the devolution process. Local Councils are being asked to develop proposals for local government reorganisation with a timescale of the earliest 'go live' date in 2028. Local views will be obtained during the consultation period and engagement with Town and Parish Councils will be vital to ensure they are added to the final proposal. An interim plan for Devon needs to be submitted before 25 March and thereafter final submissions before 28 November 2025. The physical geographies are complex and economic areas for each local authority must be considered.

161.3 Neighbourhood Beat Manager PCSO Bunce - In the period, 1st February 2025 to the 28th of February 2025, there was one recorded offence in the Ideford area, of criminal damage - starting fires

PARISH MATTERS: 162/25

cont.

162.1 Updates on roadworks, highways, parking issues and potholes: Footpath maintenance and clearing has started, mention of using the available TDC budget before the end of the year. Councillors referred to the public participation where this was discussed, it was felt this was not tidying but destruction. The councillors felt it would be necessary to discuss this type of work before it happens, however there may be insufficient time available to do this prior to any maintenance. Cllr T Hill will contact Steve Gardner and in particular request they do not work on the other side of that particular bank

162.2Sustainable Ideford, Sustainable Ideford Report March 13 PC **Meeting** A Jointly managed event with the Village Hall is planned for 14th June midday to 5pm - Open Gardens A percentage of any funds raised will go to Devon Wildlife Trust (DWT). There will be some focus on wildlife friendly gardens. Devon Wildlife Trust have offered to some initial support for the event. Cllr Gardner is in contact with them. Volunteer Parking attendants are required.

An application for £300 from the locality fund has been submitted by Cllr Gardner. The A-Z sustainability articles continue to be published in Parish News. Future activity is planned to continue support for St Mary's churchvard 'greening'. The Next SI meeting is planned for 25th March – we are all looking forward to spring and summer.

162.3Wildlife Wardens report: The wildlife warden has put solid posts in certain places to prevent any aggressive maintenance and/or mowing in the church in certain sections were wildlife is being encouraged, this looks better for any visitors. The database monitoring project will be launched by Facebook and the parish news. This is were wildlife sightings will be recorded, a draft page has been placed on the current website in preparation by the clerk. Cllr Gardner will discuss moving this forward with Mr. Gillett

	IDEFORD PARISH COU	NCIL			
Minutes of the Parish Council Meeting held in the V.H. on 13th March 2025 at 7pm					
Present	Cllr T Hill -Chair Cllr A Carter-Woodwark - Vice chair Cllr D Fox Cllr H Bellamy	Cllr C Hill Cllr J Gardner DCC Cllr Peart TDC Cllr Gearon WW - Mr Aaronson			
In Attendance: Mrs Clarke - Clerk 2 members of the public					
ltems 157/25	Discussion and Dec WELCOME AND APOLOGIES FOR ABS the meeting at 7:00pm (as the chair was du everyone. Apologies were received from Cli	ENCE: The Vice-Chair opened ue to arrive later) and welcomed			
158/25 THE MINUTES OF THE LAST MEETING: held on Thursday 13th Februa 2025 were agreed and signed.					
159/25	THERE WERE NO DECLARATION OF INT	TERESTS.			
160/25	PUBLIC PARTICIPATION One Parishioner raised an issue in relation to damage to the Devon bank on footpath 20, given the time of year and the disturbance to emerging flora and small animal habitats. Pictures were shown and the item has been raised on the Facebook page, Ideford Village Life. This is a section from Higher Colleybrook through to the kissing gate, only on one side of the bank. Councillors wanted to establish who carried out this work, ClIr Peart indicated that it would have been contractors and indicated he would follow this up. Holden Lane has also been closed both ends with signs in place. Mention was made of the previous months minutes in relation to maintenance being carried out before the end of March 2025. Councillors were dissatisfied and concerns were raised about the destruction of the Devon bank and about the wildlife and ecology aspects. Another parishioner Mr. Hull raised his planning application that was put in over a year ago. There were biodiversity concerns at that time and Ms Rush (TDC) has subsequently confirmed there are no longer any adverse effects and no dilemmas for bio-diversity and/or bats. ClIr. Bellamy indicated he should contact TDC planning to move the matter forward. ClIr Carter-Woodwark, thanked him for attending.				
161/25	REPORTS: 161.1 County Councillor Pear Public health grant for 25/26 has been rin £200 million nationally to fund public healt from sickness to prevention, this represen £1.67 million to £33.3 million. We were £37 - a lot less than Plymouth {£67.45 and To why there is a difference and not had a repl Waste Disposal - a Deposit Return Sche and cans, is set to launch in October 2027 when purchasing drinks and once the conta collection point (i.e. local supermarket) the conta	g-fenced. There is an additional h services and support, shifting ts a (disappointing) increase of .62 per head to £39.20 per head rbay {£81.96} . We have asked y yet. me for single use plastic bottles 7. Consumers will pay a deposit iners are returned to a			

IDEFORD VILLAGE HALL

We hope you have all seen the notice for the hall, now on the fence on the way out to the A380 and the turning down under the bridge towards Ugbrooke and Chudleigh. Ugbrooke gave us permission to place it there for an annual fee.

Maybe you have an event in mind, family party, birthday, anniversary or other celebrations? This could be the perfect venue! The facilities are really good, the hall will seat 70 (under our insurance), is newly decorated and warm! So why not think about it. Enquiries to <u>idefordhallbookings@yahoo.com</u>

**

IDEFORD VILLAGE QUIZ NIGHT



SATURDAY MAY 17th

Why not come along and enjoy the fun and friendly rivalry of our Spring/ Summer quiz! It's a great way to meet friends, neighbours and, if you are new to the Parish it's an enjoyable way to meet new people.

Everyone is welcome!

There will be a licensed bar, including soft drinks. Delicious pasties will be available, including a veggie option at halftime. Fun prizes and a draw will add to the evening,

Time......7pm for a 7.30 start

Teams of up to 6

Questions will be multiple choice, except for the bonus questions.

£5 per person taking part. Pay at the door.

Last November the place was full, and support for the hall was brilliant! We hope to see you all again, with some new faces. The competition was so close last year, we had a tie break! You will have a great evening and be helping your village hall at the same time. We look forward to seeing you!

Ideford Village Hall Trust

St. Mary's annual Parochial Church Meeting

St Mary's Church Ideford is holding its Annual Parochial Church Meeting on **Thursday 22nd May at 7:30pm** in the Church. Everyone on the Electoral Roll is welcome to attend.

Also St Mary's is looking for a new PCC secretary, if you are interested please contact *idefordpccsec@gmail.com*.

IDEFORD VILLAGE HALL 50th ANNIVERSARY

AND **OPEN GARDENS EVENT** Saturday 14th June 12 noon to 5pm

We are celebrating 50 years of the Village Hall as a community resource.

Many of you will have attended Ideford Primary School before it closed in the early 70s and some of you may remember the determined group of villagers, later to become the first Trustees, who worked tirelessly to retain the building as a village hall, now our much-loved centre for many activities and events.

Lord Thomas's father, Hugh Clifford supported the village in its effort, taking the matter to the House of Lords as the Local Authority wanted to sell the old school for housing. He gave a forthright speech leaving no doubt as to where his loyalties lay: supporting the village and their efforts.

After 50 years, we now look forward to the future! We will be welcoming Lord and Lady Clifford to join everyone for refreshments during the afternoon, and they are looking forward to joining villagers and residents.

The event and what's happening on the day

We are running this event in partnership with Sustainable Ideford and our Wildlife Wardens. A number of villagers will be opening their gardens. There will be a wildlife friendly garden theme to support our local Biodiversity Plan - but all gardens are welcome and the more the merrier, to make this a day to remember.

If you wish to enter and have not been contacted yet by Jim Gardner, please message him on 07881 956693 or email Jimigglobal@yahoo.com. He has set up a WhatsApp group for entrants to keep you posted and provide information.

There will be a draw with garden-based prizes, a plant stall and a Garden Book stall based at the hall.

Maureen Crispin has kindly made Stapley field available for parking. Thank you, Maureen.

Further announcements re meetings or anything else will be made via the Ideford Village Life Facebook page.

Continued on page 9

Important Notice on Avian Influenza,

A reminder to poultry owners in our community of the current requirements for looking after their birds. This applies to not only owners of chickens, ducks, pea fowl or others and whether it is one bird or five hundred!

Since 25th January 2025 the whole of England, including Devon, became part of an Avian Influenza Protection Zone (again). Some areas are covered with mandatory housing requirements (not Devon yet). But there are strict biosecurity requirements that must be followed by all in the zone, including protecting your birds from exposure to wild birds, so not running free, unless exemption has been issued, this can mean netting them and not strict housing indoors. Their feed and water must be covered, to avoid exposure to wild birds as well. Strict hygiene and disinfection, such as foot baths, must be in place. Every bird owner should be registered with DEFRA/APHA and be fully aware of these measures and their need to be compliant, otherwise risking a fine.

This is not just to protect the birds, it is also to protect humans due to high potential of transmission, if it is not controlled effectively.

There is plenty of extra information and detail online explaining everything (www.gov.uk and search for Avian Influenza)

So, we ask everyone with poultry or birds to act and be responsible for all of us and our health. Thank you.



SPACES AVAILBLE

Bishopsteignton Primary School and Bishopsteignton Preschool

Flexible Wrap Around Care Available 8am - 5:30pm

VISITS WELCOME!

01626 775873 or admin@bishopschool.co.uk





Apologies for the wrong date on the Parish Council Minutes in last month's Parish News. It should have read 'Minutes of the PC Meeting held on 13th February 2025'. Editor

Thank you!

The sun shone and over 60 cyclists left the Haven at 9am on Sunday 6th April to ride for the 3rd year for The Samaritans, mental health awareness and in memory of our Danielle. With more cyclists joining in along the way there was around 80 in all.



A few took the 12 mile route but most challenged themselves to completing 20 and even 50 miles. Well done to you all and a special congratulations to the pair who managed 20 miles on a tandem in fancy dress, also the chap with 2 dogs on board.

At the Ideford village hall an array or cakes, sausage rolls, sandwiches etc were on offer and a tombola with over 120 prizes that was extremely popular. We sold a few gift hampers made up from the very generous gifts that had been donated which included vouchers from several businesses.

The whole day was a huge success thanks to everyone who came along to support us and we couldn't have done it without you all. Thank you for cycling, baking, donating gifts and money on the day and on the Enthuse site. Thank you to all the kitchen helpers washing up, serving cake and making the much-needed cuppas.

Thank you to Angela and the village hall committee for being so helpful and keeping the hall looking so bright and cheerful with the newly painted walls.

Thanks to Caroline and Phil at the Royal Oak pub for allowing one of our collection boxes.

Sunday bought in over £2,000 which was amazing and pushing this year's total to over £5,000

This will go to the local Samaritans in Exeter and ensure they can answer more calls to support those in need day or night.

In memory of our precious daughter Danielle, we thank you all very, very much.

The Cornish family and friends.

The Samaritans available 24 hours a call 116 123 Also Shout 24/7 free text service 85258 Ideford Village Hall 50th anniversary continued from page 8

IMPORTANT! VOLUNTEERS NEEDED!

We need your help to make the day run smoothly, so please consider the following list of tasks below. If you can volunteer for anything, please can you let Angie know by emailing her at **angieideford@gmail.com**.

- An hour or two on the 14th June to help in the kitchen serving refreshments.
- Helping to supervise parking on a rota.
- Helping with raffle draw tickets and prizes.
- Baking a cake or two, maybe some scones, biscuits etc.
- Helping to welcome visitors into the hall and selling entrance leaflets. (These will cost £5 per person with under 16s going free).

Any help you can give will be much appreciated! If you can help, please let us know... Angle on 07894482901 **angleideford@gmail.**com or Jim Gardner on 07881956693 **jimigglobal@yahoo.com**.

All proceeds will go towards the continued upkeep of the hall and Devon Wildlife Trust.

If we work as team, this will be a wonderful day, so thank you in advance!

The Millenium Green, by definition is 25 years old this year.

We are planning to celebrate with a Birthday Party on the Green

Saturday 21st June.

Full details next month, but put the date in your diary now.



Sustainable Ideford - Y

Y is for Your Community

Sustainable Ideford have pondered on how we could increase neighbourliness in our village whilst at the same time reducing car journeys for those odd items or making unnecessary purchases of things that could be borrowed. Being if you like a community within a community at Higher Colleybrook (a former farm with 11 properties), we decided to run a trial and if successful, to pass the idea on to other Ideford area residents to consider.

We created a neighbourhood What's App Group called Sustainable Colleybrook and we invited all our neighbours to join. It was not compulsory and the majority very willingly signed up. Our little group soon became very active and these are the sorts of uses we put the group to.

- I'm off to Tesco in the morning, does anybody need anything?
- I have a Sainsbury order for delivery tomorrow does anybody want anything?
- Can anybody give us a lift to Newton Abbot railway station tomorrow?
- Our grandchildren are visiting at the weekend, does anybody have any toys/games we could borrow.
- I'm having something delivered, can somebody take it in for me?
- I'm having some medication delivered but I'm not at home. Can anybody take it in for me?
- Can anybody lend me a large slow cooker?
- Can anybody look after my dog for an hour or two?
- Can anybody take me to the hospital tomorrow?
- I need to move a heavy item. Is there a strong person in the group who can help me with it?
- Does anybody have an electric drill I can borrow?
- I have a glut of apples and I'll leave a box of them out please help yourselves.
- Can somebody water my plants while I am on holiday?
- I'm off to M & S tomorrow. Anybody need anything (Food Hall)?
- Does anybody have a sewing machine I can borrow?
- I'm off on holiday but I have bread, milk that I'm about to throw away. Could anybody use it?
- Does anybody have any I'm following a recipe.... And I don't have any?
- Is there anyone at home who can witness a document for me?
- I don't have a printer. Can I e mail a document to somebody for printing?
- I'm taking a bag to the charity shop. Does anybody want to add to it?
- I'm going on holiday. Is there somebody who can put my bins out for me?

• (From a new neighbour) Where can I do Pilates and/or yoga, can somebody recommend a hairdresser, nail bar etc.

I am delighted to say that the scheme has proved very popular, has been appropriately used and has led to more interaction, increasing friendliness and support amongst our immediate neighbours.

So why not give it a try in your street or area of Ideford. Setting up a WhatsApp group is easy - you just need the phone numbers of those who want to join. Talk to your neighbours and friends and see what would work best for you all.

From : Jill, Dom, Robin, Jim and Liz (Sustainable Ideford)

The Third Age

What a relief, we've reached the summit at last, The struggles and heart ache of youth now long past, No more a wage-slave running the empty rat-race, We can adapt to a new rhythm without losing face, Time now for living, let's give it a go, Experience tells us we reap what we sow.

There's still time to treasure the joys of old age, Too old for employment, I could still step on the stage, Or learn to play the piano, or even mah-jong, With a little bit of an effort could produce a ping or pong, Time now for living, let's give it a go, Experience tells us we reap what we sow.

Maybe I'll travel to far distant parts,

Enjoy strange new cultures, people and arts, Or I could just sit in a hammock under my own apple tree, Communing with nature and old friends before tea, There's a lot to consider as I turn a new page, The possibilities are endless, and seen through a haze, But, it's time now for living, let's give it a go, Experience tells us we reap what we sow.

The clock keeps on ticking, discard the ambitions plan, Forget tomorrow, just do what you can, You've lived a good life, nothing more to prove, Shake off the shackles and step out of the groove, We've reached the third age - what a blessed relief, Time to follow ones 'karma' and individual belief, Time left for living, let's give it a go, Experience tells us we reap what we sow.

Sheila Manley